

**ISEE Sex Therapy Training
Program East Coast 2018-19**

**Live Classes
Week 1**

| Date | Subject/Course | Days | CE's/Hours | AASECT Breakdown* | Instructor |
|---|--------------------------------------|-------------|-------------------|----------------------------|-------------------|
| 8/31-9/2 | SAR | | 3 18* | SAR* | Dischiavo |
| 9/3/18 | Common Sexual Dysfunction: Female | | 1 6 | 3 Core/3STT | Cindy Lee Alves |
| 9/4/18 | Pleasure | | 1 6 | 3 Core/3STT | Scalisi |
| 9/5/18 | SexAbility | | 1 6 | 3 Core/3STT | Nevers, Scalisi |
| 9/6/18 | BDSM 101 | | 1 6 | 3 Core/3 STT | Samantha Manewitz |
| 9/7/18 | Common Sexual Dysfunction: Male | | 1 6 | 3 Core/3STT | Paul Nelson |
| <i>*Note: SAR is neither Core nor SET: it is its own category under Attitudes & Values Training</i> | | | | | |
| | Totals | | 8 48 | 15 Core/ 15 STT | |

**Live classes ST
Week 2**

| Date | Subject/Course | Days | CE's/Hours | AASECT Breakdown* | Instructor |
|--------------|--|-------------|-------------------|--------------------------|-------------------|
| 3/15-3/17/19 | The Exceptional Therapist: Theory & Methods of Sex Thx | | 3 18 | 18 STT | Manewitz |
| 3/18/19 | Sex & Trauma | | 1 6 | 6 STT | TBA |
| 3/19/19 | Sex & Culture | | 1 6 | 3 Core/3STT | Cindy Lee Alves |
| 3/20/19 | Advanced SAR | | 1 6 | 6 Core | Dischiavo& Alves |

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|---------|-----------------------------------|----------|-----------|----------------------------|-----------|
| 3/21/19 | Intro to Tantra | 1 | 6 | 4 Core/2STT | Dischiavo |
| 3/22/19 | Boundary Work | 0.5 | 3 | 3 STT | TBA |
| | Sexuality, Ritual & Healing | 0.5 | 3 | 3 STT | Dischiavo |
| | Totals | 8 | 48 | 13 Core/ 35 STT | |
| | TOTAL LIVE HOURS | | 96 | | |

TAKE HOME CLASSES

| Title | CE's | AASECT Break- down | Instructor | Required? |
|---|-----------|-------------------------------|------------|-----------|
| Theories & Methods of Sex Therapy | 12 | 12STT A | Dischiavo | yes |
| Sexuality & Health | 8 | 3 Core H/3 STT D 2STT B | Dischiavo | yes |
| Sexual Pharmacology | 10 | 5 Core H/ 5 STT D | Dischiavo | no |
| Sexuality Research | 14 | 14 Core Q | Dischiavo | no |
| Ethical Issues in Sex Therapy | 4 | 4 STT F | Dischiavo | yes |
| TOTALS | 48 | 22Core/ 27 STT | | |

WEBINARS

**Core Area or
Skills Training
Area**

| | Title | CEs | | Required? |
|--|---|------------|------------------------|------------------|
| Ethics | AASECT Ethical Code | 3 | Dischiavo | yes |
| Developmental Sexuality | Child & Adolescent Sexual Development | 3 | Dischiavo | yes |
| | TwentySomething to 50: Adult Sexual Development | 1.5 | Scalisi | : coming soon |
| | Silver & Sexy: Sex in Later Life | 1.5 | Froseth | : coming soon |
| Socio-Cultural & Familial Factors | Erotophobia | 1 | Dischiavo | yes |
| | Osunality: African Eroticism | 1 | Zelaika Hepworth-Clark | elective |
| | Sex Therapy with Orthodox Jewish Populations | 2 | Rivka Sidorsky | elective |
| | Sex, Status & Money | 1 | Dischiavo | elective |
| | Demystifying Black Latina Sexuality | 3 | Laureano | elective |
| | Sex Negative Christianity | 1.5 | Beverly Dale | elective |
| Sexual Orientation | <i>See live classes</i> | | | |

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|--|--|-----|-----------------------|----------|
| Gender Identity & Gender Issues | Gender Identity 101 | 3 | Dischiavo | yes |
| | 15 Lies Men Believe About Sex | 1.5 | Paul Nelson | yes |
| Intimacy Skills | | | | |
| Diversity of Expression | Daddys & Little Girls: Power Dynamics & Age Play | 1 | Ben | elective |
| | Polyamory 101 | 2 | Dischiavo | yes |
| Anatomy & Physiology | Sexological Anatomy | 3 | Dischiavo | yes |
| Health & Medical | Safer Sex & STIs | 3 | Dischiavo | yes |
| | Contraception, Then & Now | 3 | Dischiavo | yes |
| | Pregnancy & Sexuality | 3 | Joli Hamilton | yes |
| | Coming Home: Wounded Vets & Sex | 3 | Christine Deslauriers | for STs |
| Functioning & Desire | Responsive Desire | 1 | Emily Nagoski | yes |
| Coercion, Assault & Violence | Sexual Coercion | 3 | Dischiavo | for SEs |
| Sex & Technology | Intersections of Sex & Tech | 3 | Scalisi | yes |
| | More Tech, More Talking: Evolving Tech & Fidelity Agreements | 1.5 | Ari Tuckman | elective |

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| Sex & Substance Use & Abuse | Sex Under the Influence: Sex & Drugs | 3 | Dischiavo | yes |
| Pleasure | Troubleshooting Pleasure: Orgasm, Sensual Play & Sex Toys | 3 | Scalisi | yes |
| | Therapeutic Skills for Sex Educators | 3 | Dischiavo | elective |
| Learning Theory & application | Presentation Skills 1 | 6 | Dischiavo | yes |
| | Principles of Holistic Sex Ed | 2 | Dischiavo | no |
| Hstory of Field | A History of Sexology | 3 | Dischiavo | yes |

| SEX THERAPY TRAINING WEBINARS | | | | | |
|--|---------------------------------------|--------------------|-------------------|-------------------|------------------|
| Training Area | Course | AASECT area | Hours/CE's | Instructor | Required? |
| Theory & Methods of Sex-Related Therapy | Principles of Holistic Sex Education | STT A | 2 | Dischiavo | yes |
| | Working with Kinky Clients | STT A & B | 2 | Manewitz | yes |
| | Educational Skills for Sex Therapists | STT A | 2 | Dischiavo | yes |
| Assessment & Diagnosis | Sex & Trauma | STT B | 2.5 | Manewitz | yes |

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|---|---|-------|---|--------------|----------|
| | Down Under: Intro to Assessment of Genital Pain | STTB | 2 | Sidorsky | yes |
| | Sex & Psychiatry | STT B | 6 | Sabrina Popp | yes |
| Intervention in relationship systems | Alternative Lifestyles: Working with Polyamorous Clients | STT C | 3 | Dischiavo | elective |
| | Metamorphosis: Working with Polyamorous Systems Using a Stepfamily Model | STT C | 1 | Dischiavo | elective |
| Approaches to Medical interventions | <i>See "Coming Home" Webinar</i> | STT D | | Deslaurier | yes |

BREAKDOWN

64 +/- Core

28.5 +/- STT

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|--------------------------------|------------|---------------------|------------------------------------|
| TOTAL WEBINAR HOURS | 88 | | |
| TOTAL PROGRAM HOURS/CEs | 234 | 114 +/- Core | 105.5 +/- STT (50 Live) |